

101 Soap Recipes

For Hot Process Soap Making.

By Rene Whitlock



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Welcome to 101 Soap Recipes. These recipes are all 2 pound base recipes, meaning you can add color and scent to them. You will find the color and scents in the "Natural Color and Scent Hints and Tips For Hot Process Soap Making" eBook. Experiment with color and scent, or you can leave the soap natural. It's up to you, it's your soap!!

The recipes in the book are meant to be made using the "Hot Soap Making" eBook/guide. You can substitute these recipes for the one in the guide. Follow the same procedure as for the recipe in the guide.

The special oil is to be added after the soap has cooked, just like in the "Hot Soap Making" eBook/guide. You do not have to add the special oil if you do not want to. It will not change the success of the soap.

In the back of this recipe book you will find a description of each ingredient and what it contributes to the soap.

When you are ready to try out recipe making on your own, you can take a look at "Make your Own Hot Process Soap Recipes" eBook. This will guide you step by step through the recipe creation process.

Have fun with these recipes. Let me know if you have any comments , questions or suggestions.

Thanks

Rene

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Recipe #1 – Makes a nice hard very bubbly soap

Apricot Kernel Oil	5	ounces
Cocoa Butter	2	ounces
Coconut Oil	12	ounces
Olive Oil	5	ounces
sodium hydroxide	3.9	ounces
water	9.1	ounces

**Special Oil to add
after soap is
cooked**

Avocado Oil	2	teaspoons
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Recipe #2 mostly soft tight bubbles.

Beeswax	1	ounce
Coconut Oil	6	ounces
Cocoa Butter	5	ounces
Peanut Oil	5	ounces
Rice Bran Oil	7	ounces
sodium hydroxide	3.5	ounces
water	8.1	ounces

**Special Oil to add
after soap is
cooked**

Almond Oil	2	teaspoons
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Recipe #3 **Very cleansing (not drying) lots of bubbles**

Canola Oil	4	ounces
Coconut Oil	12	ounces
Olive Oil	8	ounces
sodium hydroxide	3.8	ounces
water	9	ounces

**Special Oil to add
after soap is cooked**

Evening Primrose Oil	2	teaspoons
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Recipe #4 **Very mild soft bubbles**

Coconut Oil	6	ounces
Corn Oil	10	ounces
Grape Seed Oil	8	ounces
sodium hydroxide	3.5	ounces
Water	8.2	ounces

**Special Oil to add
after soap is cooked**

Flax Seed Oil	2	teaspoons
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Recipe #5 **Big cleansing bubbles balanced with small soft bubbles**

Coconut Oil	10	ounces
Hemp Seed Oil	4	ounces
Safflower Oil	5	ounces
Sunflower Seed Oil	5	ounces
sodium hydroxide	3.8	ounces
water	8.9	ounces

**Special Oil to add
after soap is cooked**

Hazelnut Oil	2	teaspoons
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Recipe #6 **Very moisturizing lots of vitamin E**

Coconut Oil	6	ounces
Soybean Oil	18	ounces
sodium hydroxide	3.6	ounces
Water	8.3	ounces

**Special Oil to add
after soap is cooked**

Avocado Oil	2	teaspoons
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Recipe #7 **Very mild, soft small tight bubbles**

Coconut Oil	4	ounces
Olive Oil	20	ounces
sodium hydroxide	3.4	ounces
water	8	ounces

**Special Oil to add
after soap is cooked**

Almond Oil	2	teaspoons
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Recipe #8 **mild really economical soap**

Coconut Oil	8	ounces
Safflower Oil	16	ounces
sodium hydroxide	3.7	ounces
water	8.6	ounces

**Special Oil to add
after soap is cooked**

Joboba Oil	2	teaspoons
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Recipe #9 same as above. **Bigger bubbles**

Canola Oil	6	ounces
Coconut Oil	12	ounces
Corn Oil	6	ounces
sodium hydroxide	3.8	ounces
water	9	ounces

Recipe #10 **hard moisturizing bubbles**

Apricot Kernel Oil	6	ounces
Coconut Oil	4	ounces
Corn Oil	10	ounces
Peanut Oil	2	ounces
Sunflower Seed Oil	2	ounces
sodium hydroxide	3.2	ounces
Water	7.5	ounces

**Special Oil to add
after soap is cooked**

Macadamia Nut Oil	2	teaspoons
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Recipe #11 **mild bubbles.**

Coconut Oil	10	ounces
Olive Oil	7	ounces
Soybean Oil	7	ounces
sodium hydroxide	3.8	ounces
water	8.8	ounces

**Special Oil to add
after soap is cooked**

Avocado Oil	2	teaspoons
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Recipe #12 **Very soft, very mild and moisturizing**

Coconut Oil	4	ounces
Grape Seed Oil	2	ounces
Soybean Oil	18	ounces
sodium hydroxide	3.4	ounces
Water	8	ounces

**Special Oil to add
after soap is cooked**

Almond Oil	2	teaspoons
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Recipe #13 **Really moisturizing. Lots of tight bubbles**

Cocoa Butter	3	ounce
Coconut Oil	8	ounces
Safflower Oil	10	ounces
Soybean Oil	3	ounces
sodium hydroxide	3.7	ounces
Water	8.6	ounces

**Special Oil to add
after soap is cooked**

Evening Primrose Oil	2	teaspoons
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Recipe #14 **economical, nice big bubbles**

Coconut Oil	12	ounces
Safflower Oil	6	ounces
Sunflower Seed Oil	6	ounces
sodium hydroxide	3.1	ounces
Water	7.2	ounces

**Special Oil to add
after soap is cooked**

Shea Nut Butter	2	Teaspoons
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Recipe #15 **soft mild white soap**

Coconut Oil	6	ounces
Soybean Oil	18	ounces
sodium hydroxide	3.6	ounces
Water	8.3	ounces

**Special Oil to add
after soap is cooked**

Jojoba Oil	2	teaspoons
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Recipe #16 **lots of big bubbles, very lathery**

Coconut Oil	22	ounces
Hemp Seed Oil	2	ounces
sodium hydroxide	4.5	ounces
Water	10.4	ounces

**Special Oil to add
after soap is cooked**

Avocado Oil	2	teaspoons
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Recipe #17 **a hard mild soap**

Beeswax	1	ounce
Coconut Oil	7	ounces
Olive Oil	8	ounces
Soybean Oil	8	ounces
sodium hydroxide	3.6	ounces
Water	8.3	ounces

**Special Oil to add
after soap is cooked**

Almond Oil	2	teaspoons
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Recipe #18 **mild with soft small bubbles**

Coconut Oil	4	ounces
Olive Oil	10	ounces
Safflower Oil	10	ounces
sodium hydroxide	3.5	ounces
Water	8.1	ounces

**Special Oil to add
after soap is cooked**

Kukui Nut Oil	2	teaspoons
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Recipe #19 **medium amount of bubbles, soft and moisturizing**

Canola Oil	5	ounces
Coconut Oil	9	ounces
Soybean Oil	5	ounces
Sunflower Seed Oil	5	ounces
sodium hydroxide	3	ounces
water	7	ounces

**Special Oil to add
after soap is cooked**

Shea Nut Butter	2	teaspoons
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Recipe #20 **Hard soap with lots of bubbles**

Apricot Kernel Oil	2	ounces
Coconut Oil	10	ounces
Corn Oil	12	ounces
sodium hydroxide	3.8	ounces
water	8.9	ounces

**Special Oil to add
after soap is cooked**

Walnut Oil	2	teaspoons
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Recipe #21 **Very bubbly, not drying**

Coconut Oil	24	ounces
sodium hydroxide	4.6	ounces
Water	10.6	ounces

**Special Oil to add
after soap is cooked**

Avocado Oil	2	teaspoons
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Recipe #22 **soft and medium bubbles**

Coconut Oil	6	ounces
Olive Oil	7	ounces
Peanut Oil	4	ounces
Safflower Oil	7	ounces
sodium hydroxide	3.6	ounces
water	8.3	ounces

**Special Oil to add
after soap is cooked**

Almond Oil	2	teaspoons
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Recipe #23 **lots of vitamins lots of bubbles**

Coconut Oil	10	ounces
Rice Bran Oil	14	ounces
sodium hydroxide	3.7	ounces
Water	8.6	ounces

**Special Oil to add
after soap is cooked**

Walnut Oil	2	teaspoons
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Recipe #24 **big bubbles and moisturizing**

Coconut Oil	12	ounces
Corn Oil	10	ounces
Grape Seed Oil	2	ounces
sodium hydroxide	3.9	ounces
Water	9.1	ounces

**Special Oil to add
after soap is cooked**

Walnut Oil	2	teaspoons
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Recipe #25 **Very soft, small bubbles**

Coconut Oil	8	ounces
Olive Oil	16	ounces
sodium hydroxide	3.7	ounces
Water	8.5	ounces

**Special Oil to add
after soap is cooked**

Evening Primrose Oil	2	teaspoons
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Recipe #26 **mild with tight foamy bubbles**

Canola Oil	10	ounces
Coconut Oil	4	ounces
Soybean Oil	10	ounces
sodium hydroxide	3.4	ounces
Water	7.8	ounces

**Special Oil to add
after soap is cooked**

Avocado Oil	2	teaspoons
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Recipe #27 **very moisturizing and soft**

Cocoa Butter	1	ounce
Coconut Oil	6	ounces
Sunflower Seed Oil	17	ounces
sodium hydroxide	3.6	ounces
water	8.3	ounces

**Special Oil to add
after soap is cooked**

Almond Oil	2	teaspoons
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Recipe #28 **lots of small tight bubbles**

Coconut Oil	9	ounces
Olive Oil	5	ounces
Corn Oil	4	ounces
Safflower Oil	3	ounces
Soybean Oil	3	ounces
sodium hydroxide	3.7	ounces
water	8.7	ounces

**Special Oil to add
after soap is cooked**

Flax Seed Oil	2	teaspoons
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Recipe #29 **very cleansing, big bubbles**

Coconut Oil	12	ounces
Sunflower Seed Oil	12	ounces
sodium hydroxide	3.9	ounces
Water	9.1	ounces

**Special Oil to add
after soap is cooked**

Rose Hip Oil	2	teaspoons
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cipe #30 **soft, very white**

Coconut Oil	7	ounces
Soybean Oil	17	ounces
sodium hydroxide	3.6	ounces
water	8.5	ounces

**Special Oil to add
after soap is cooked**

Macadamia Nut Oil	2	teaspoons
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Recipe #31 **lots of big bubbles very moisturizing**

Coconut Oil	18	ounces
Grape Seed Oil	4	ounces
Hemp Seed Oil	2	ounces
sodium hydroxide	4.2	ounces
water	9.8	ounces

**Special Oil to add
after soap is cooked**

Avocado Oil	2	teaspoons
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Recipe #32 **small tight bubbles, very hard soap**

Beeswax	1	ounce
Coconut Oil	13	ounces
Olive Oil	7	ounces

Peanut Oil	3	ounces
sodium hydroxide	3.4	ounces
water	7.9	ounces

**Special Oil to add
after soap is cooked**

Almond Oil	2	teaspoons
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Recipe #33 **big and soft bubbles, cleansing**

Coconut Oil	10	ounces
Soybean Oil	14	ounces
sodium hydroxide	3.8	ounces
Water	8.8	ounces

**Special Oil to add
after soap is cooked**

Hazelnut Oil	2	teaspoons
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Recipe #34 **moisturizing, soft small bubbles**

Coconut Oil	8	ounces
Sunflower Seed Oil	16	ounces
sodium hydroxide	3.7	ounces
water	8.5	ounces

**Special Oil to add
after soap is cooked**

Kukui Nut Oil	2	teaspoons
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Recipe #35 **medium bubbles**

Canola Oil	6	ounces
Coconut Oil	7	ounces
Soybean Oil	11	ounces
sodium hydroxide	3.6	ounces
water	8.3	ounces

**Special Oil to add
after soap is cooked**

Shea Nut Butter	2	teaspoons
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Recipe #36 **very mild with soft tight bubbles**

Coconut Oil	5	ounces
Olive Oil	19	ounces
sodium hydroxide	3.5	ounces
Water	8.2	ounces

**Special Oil to add
after soap is cooked**

Avocado Oil	2	teaspoons
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Recipe #37 **economical soft soap**

Coconut Oil	9	ounces
Corn Oil	15	ounces
sodium hydroxide	3.8	ounces
Water	8.8	ounces

**Special Oil to add
after soap is cooked**

Almond Oil	2	teaspoons
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Recipe #38 **skin softening, lots of vitaminE**

Coconut Oil	4	ounces
Soybean Oil	20	ounces
sodium hydroxide	3.5	ounces
Water	8.1	ounces

**Special Oil to add
after soap is cooked**

Evening Primrose Oil	2	teaspoons
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Recipe #39 **rich small bubbles**

Coconut Oil	8	ounces
Peanut Oil	16	ounces
sodium hydroxide	3.7	ounces
water	8.6	ounces

**Special Oil to add
after soap is cooked**

Jojoba Oil	2	teaspoons
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Recipe #40 **Big fluffy bubbles with lots of moisturizers**

Apricot Kernel Oil	4	ounces
Canola Oil	10	ounces
Coconut Oil	10	ounces
sodium hydroxide	3.7	ounces
water	8.6	ounces

**Special Oil to add
after soap is cooked**

Shea Nut Butter	2	teaspoons
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Recipe #41 **hard soap with big bubbles**

Beeswax	1	ounce
Cocoa Butter	1	ounce
Coconut Oil	14	ounces
Grape Seed Oil	8	ounces
sodium hydroxide	3.9	ounces
Water	9	ounces

**Special Oil to add
after soap is cooked**

Avocado Oil	2	teaspoons
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Recipe #42 **very big bubbles, lots of moisture**

Beeswax	1	ounce
Coconut Oil	10	ounces
Corn Oil	10	ounces
Olive Oil	3	ounces
sodium hydroxide	3.7	ounces
Water	8.7	ounces

**Special Oil to add
after soap is cooked**

Almond Oil	2	teaspoons
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Recipe #43 nice balance of big and tight bubbles

Coconut Oil	12	ounces
Olive Oil	12	ounces
sodium hydroxide	3.9	ounces
Water	9	ounces

**Special Ingredients
to add after soap is
cooked**

2 teaspoons Powdered
Goats Milk mixed into 2
teaspoons olive oil until
smooth.

Recipe #44 moisturizing and soft

Coconut Oil	10	ounces
Rice Bran Oil	2	ounces
Safflower Oil	12	ounces
sodium hydroxide	3.8	ounces
water	8.8	ounces

Recipe #45 very skin softening, big bubbles

Coconut Oil	10	ounces
Soybean Oil	14	ounces
sodium hydroxide	3.8	ounces
Water	8.8	ounces

**Special Oil to add
after soap is cooked**

Macadamia Nut Oil	2	teaspoons
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Recipe #46 **lots of big and small bubbles**

Canola Oil	12	ounces
Coconut Oil	12	ounces
sodium hydroxide	3.8	ounces
water	8.8	ounces

**Special Oil to add
after soap is cooked**

Avocado Oil	2	teaspoons
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Recipe #47 **mild and economical**

Coconut Oil	6	ounces
Safflower Oil	9	ounces
Sunflower Seed Oil	9	ounces
sodium hydroxide	3.6	ounces
Water	8.3	ounces

**Special Oil to add
after soap is cooked**

Almond Oil	2	teaspoons
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Recipe #48 **rich and skin softening**

Coconut Oil	6	ounces
Peanut Oil	18	ounces
sodium hydroxide	3.6	ounces
Water	8.4	ounces

Recipe #49 **very mild with lots of bubbles**

Coconut Oil	6	ounces
Olive Oil	18	ounces
sodium hydroxide	3.6	ounces
water	8.3	ounces

**Special Oil to add
after soap is cooked**

Evening Primrose Oil	2	teaspoons
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Recipe #50 **very hard soap lots of nutrients**

Apricot Kernel Oil	18	ounces
Coconut Oil	6	ounces
sodium hydroxide	3.7	ounces
Water	8.5	ounces

**Special Oil to add
after soap is cooked**

Flax Seed Oil	2	teaspoons
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Recipe #51 **rich and thick tight bubbles**

Coconut Oil	8	ounces
Grape Seed Oil	16	ounces
sodium hydroxide	3.5	ounces
Water	8.2	ounces

**Special Oil to add
after soap is cooked**

Avocado Oil	2	teaspoons
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Recipe #52 **hard soap with lots of skin benefits**

Beeswax	1	ounce
Coconut Oil	8	ounces
Corn Oil	5	ounces
Olive Oil	10	ounces
sodium hydroxide	3.6	ounces
Water	8.4	ounces

**Special Oil to add
after soap is cooked**

Almond Oil	2	teaspoons
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Recipe #53 **bubbly with moisturizers**

Coconut Oil	8	ounces
Hemp Seed Oil	2	ounces
Soybean Oil	14	ounces
sodium hydroxide	3.7	ounces
Water	8.6	ounces

**Special Oil to add
after soap is cooked**

Kukui Nut Oil	2	teaspoons
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Recipe #54 **mild and soothing**

Cocoa Butter	1	ounce
Coconut Oil	8	ounces
Safflower Oil	15	ounces
sodium hydroxide	3.7	ounces
Water	8.6	ounces

**Special Oil to add
after soap is cooked**

Rose Hip Oil	2	teaspoons
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Recipe #55 **light bubbles**

Coconut Oil	4	ounces
Soybean Oil	20	ounces
sodium hydroxide	3.5	ounces
Water	8.1	ounces

**Special Oil to add
after soap is cooked**

Walnut Oil	2	teaspoons
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Recipe #56 **rich and thick with small bubbles**

Coconut Oil	4	ounces
Olive Oil	10	ounces
Soybean Oil	10	ounces
sodium hydroxide	3.5	ounces
Water	8.1	ounces

**Special Oil to add
after soap is cooked**

Avocado Oil	2	teaspoons
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Recipe #57 **light, soft bubbles**

Canola Oil	20	ounces
Coconut Oil	4	ounces
sodium hydroxide	3.2	ounces
Water	7.6	ounces

**Special Oil to add
after soap is cooked**

Almond Oil	2	teaspoons
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Recipe #58 **very big bubbles. Lots of vitamins**

Coconut Oil	20	ounces
Rice Bran Oil	4	ounces
sodium hydroxide	4.3	ounces
Water	10.1	ounces

**Special Oil to add
after soap is cooked**

Jojoba Oil	2	teaspoons
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Recipe #59 **very hard bubbly soap**

Coconut Oil	24	ounces
sodium hydroxide	4.6	ounces
Water	10.6	ounces

**Special Oil to add
after soap is cooked**

Shea Nut Butter	2	teaspoons
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Recipe #60 **hard soap with lots of skin softeners**

Apricot Kernel Oil	4	ounces
Beeswax	1	ounce
Coconut Oil	8	ounces
Corn Oil	11	ounces
sodium hydroxide	3.6	ounces
Water	8.5	ounces

**Special Oil to add
after soap is cooked**

Mango Butter	2	teaspoons
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Recipe #61 **soft and big bubbles**

Coconut Oil	8	ounces
Olive Oil	16	ounces
sodium hydroxide	3.7	ounces
Water	8.5	ounces

**Special Oil to add
after soap is cooked**

Avocado Oil	2	teaspoons
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Recipe #62 **small tight bubbles**

Coconut Oil	8	ounces
Grape Seed Oil	16	ounces
sodium hydroxide	3.5	ounces
Water	8.2	ounces

**Special Oil to add
after soap is cooked**

Rose Hip Oil	2	teaspoons
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Recipe #63 **Very big bubbles. Not drying**

Coconut Oil	24	ounces
sodium hydroxide	4.6	ounces
Water	10.6	ounces

**Special Oil to add
after soap is cooked**

Almond Oil	2	teaspoons
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Recipe #64 **small bubbles with soothing moisture**

Coconut Oil	8	ounces
Sunflower Seed Oil	16	ounces
sodium hydroxide	3.7	ounces
water	8.5	ounces

**Special Oil to add
after soap is cooked**

Shea Nut Butter	2	teaspoons
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Recipe #65 **medium bubbles very moisturizing**

Cocoa Butter	1	ounce
Coconut Oil	8	ounces
Corn Oil	15	ounces
sodium hydroxide	3.7	ounces
Water	8.6	ounces

**Special Oil to add
after soap is cooked**

Camellia Seed Oil	2	teaspoons
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Recipe #66 **lots of small tight bubbles with moisture**

Canola Oil	6	ounces
Coconut Oil	8	ounces
Olive Oil	5	ounces
Safflower Oil	5	ounces
sodium hydroxide	3.6	ounces
Water	8.4	ounces

**Special Oil to add
after soap is cooked**

Avocado Oil	2	teaspoons
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Recipe #67 nice hard soap

Beeswax	1	ounce
Coconut Oil	8	ounces
Olive Oil	11	ounces
Peanut Oil	4	ounces
sodium hydroxide	3.6	ounces
Water	8.4	ounces

**Special Oil to add
after soap is cooked**

Rose Hip Oil	2	teaspoons
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Recipe #68 lots of big bubbles

Coconut Oil	10	ounces
Safflower Oil	14	ounces
sodium hydroxide	3.8	ounces
Water	8.9	ounces

**Special Oil to add
after soap is cooked**

Almond Oil	2	teaspoons
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Recipe #69 nice balance of big and tight bubbles

Coconut Oil	10	ounces
Olive Oil	14	ounces
sodium hydroxide	3.8	ounces
Water	8.8	ounces

**Special Oil to add
after soap is cooked**

Evening Primrose Oil	2	teaspoons
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Recipe #70 **moisturizing nice blend**

Apricot Kernel Oil	2	ounces
Coconut Oil	10	ounces
Safflower Oil	12	ounces
sodium hydroxide	3.8	ounces
Water	8.9	ounces

**Special Oil to add
after soap is cooked**

Jojoba Oil	2	teaspoons
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Recipe #71 **lots of big bubbles**

Canola Oil	14	ounces
Coconut Oil	10	ounces
sodium hydroxide	3.6	ounces
Water	8.5	ounces

**Special Oil to add
after soap is cooked**

Avocado Oil	2	teaspoons
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Recipe #72 **big and small bubbles**

Coconut Oil	10	ounces
Olive Oil	10	ounces
Soybean Oil	4	ounces
sodium hydroxide	3.8	ounces
Water	8.8	ounces

**Special Oil to add
after soap is cooked**

Macadamia Nut Oil	2	teaspoons
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Recipe #73 **moisturizing with lots of vitamins**

Coconut Oil	10	ounces
Grape Seed Oil	4	ounces
Hemp Seed Oil	2	ounces
Olive Oil	8	ounces
sodium hydroxide	3.7	ounces
Water	8.7	ounces

**Special Oil to add
after soap is cooked**

Almond Oil	2	teaspoons
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Recipe #74 **big soft bubbles**

Cocoa Butter	5	ounce
Coconut Oil	10	ounces
Corn Oil	9	ounces

sodium hydroxide	3.8	ounces
Water	8.9	ounces

**Special Oil to add
after soap is cooked**

Wheat Germ Oil	2	teaspoons
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Recipe #75 **balance of big and tight bubbles moisturizing**

Canola Oil	14	ounces
Coconut Oil	10	ounces
sodium hydroxide	3.6	ounces
Water	8.5	ounces

**Special Oil to add
after soap is cooked**

Rose Hip Oil	2	teaspoons
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Recipe #76 nice hard soap with lots of vitamins

Beeswax	1	ounce
Coconut Oil	10	ounces
Rice Bran Oil	13	ounces
sodium hydroxide	3.6	ounces
Water	8.5	ounces

**Special Oil to add
after soap is cooked**

Avocado Oil	2	teaspoons
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Recipe #77 hard soap lots of bubbles

Coconut Oil	10	ounces
Olive Oil	14	ounces
sodium hydroxide	3.8	ounces
Water	8.8	ounces

**Special Ingredients
to add after soap is
cooked**

2 teaspoons Powdered
Goats Milk mixed into 2
teaspoons olive oil until
smooth.

Recipe #78 good economical blend

Coconut Oil	10	ounces
Corn Oil	14	ounces
sodium hydroxide	3.8	ounces
Water	8.9	ounces

**Special Oil to add
after soap is cooked**

Almond Oil	2	teaspoons
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Recipe #79 **small tight bubbles**

Coconut Oil	4	ounces
Peanut Oil	2	ounces
Sunflower Seed Oil	18	ounces
sodium hydroxide	3.4	ounces
Water	8	ounces

**Special Oil to add
after soap is cooked**

Mango Butter	2	teaspoons
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Recipe #80 **Lots of big bubbles**

Apricot Kernel Oil	4	ounces
Coconut Oil	12	ounces
Olive Oil	8	ounces
sodium hydroxide	3.9	ounces
Water	9.1	ounces

**Special Oil to add
after soap is cooked**

Walnut Oil	2	teaspoons
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Recipe #81 **many bubbles with moisture**

Coconut Oil	12	ounces
Safflower Oil	6	ounces
Soybean Oil	6	ounces
sodium hydroxide	3.9	ounces
Water	9.1	ounces

**Special Oil to add
after soap is cooked**

Avocado Oil	2	teaspoons
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Recipe #82 **lots of big and tight bubbles**

Coconut Oil	12	ounces
Corn Oil	12	ounces
sodium hydroxide	3.9	ounces
Water	9.1	ounces

**Special Oil to add
after soap is cooked**

Jojoba Oil	2	teaspoons
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Recipe #83 **very moisturizing and soft**

Cocoa Butter	1	ounce
Coconut Oil	6	ounces
Grape Seed Oil	17	ounces
sodium hydroxide	3.4	ounces
Water	7.9	ounces

**Special Oil to add
after soap is cooked**

Almond Oil	2	teaspoons
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Recipe #84 **soft and tight bubbles with moisture**

Canola Oil	9	ounces
Coconut Oil	6	ounces
Olive Oil	9	ounces
sodium hydroxide	3.5	ounces
Water	8.1	ounces

**Special Oil to add
after soap is cooked**

Evening Primrose Oil	2	teaspoons
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Recipe #85 nice hard soap lots of vitamins

Beeswax	1	ounce
Canola Oil	7	ounces
Coconut Oil	6	ounces
Rice Bran Oil	10	ounces
sodium hydroxide	3.4	ounces
Water	7.8	ounces

**Special Oil to add
after soap is cooked**

Shea Nut Butter	2	teaspoons
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Recipe #86 mild soap with good amount of bubbles

Beeswax	1	ounce
Coconut Oil	6	ounces
Olive Oil	17	ounces
sodium hydroxide	3.5	ounces
Water	8.1	ounces

**Special Oil to add
after soap is cooked**

Avocado Oil	2	teaspoons
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Recipe #87 mild soap with lots of moisturizers

Coconut Oil	6	ounces
Sunflower Seed Oil	18	ounces
sodium hydroxide	3.6	ounces
Water	8.3	ounces

**Special Oil to add
after soap is cooked**

Flax Seed Oil	2	teaspoons
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Recipe #88 **very nice soft soap**

Cocoa Butter	1	ounce
Coconut Oil	8	ounces
Olive Oil	15	ounces
sodium hydroxide	3.7	ounces
Water	8.6	ounces

**Special Oil to add
after soap is cooked**

Almond Oil	2	teaspoons
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Recipe #89 **good hard soap with plenty of bubbles**

Coconut Oil	12	ounces
Hemp Seed Oil	2	ounces
Safflower Oil	10	ounces
sodium hydroxide	3.9	ounces
Water	9.1	ounces

**Special Oil to add
after soap is cooked**

Hazelnut Oil	2	teaspoons
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Recipe #90 **nice hard soap with lots of bubbles**

Apricot Kernel Oil	3	ounces
Coconut Oil	10	ounces
Olive Oil	11	ounces
sodium hydroxide	3.8	ounces
Water	8.8	ounces

**Special Oil to add
after soap is cooked**

Kukui Nut Oil	2	teaspoons
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Recipe #91 **very hard soap**

Coconut Oil	20	ounces
Cocoa Butter	4	ounces
sodium hydroxide	3.8	ounces
Water	10.2	ounces

**Special Oil to add
after soap is cooked**

Jojoba Oil	2	teaspoons
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Recipe #92 **very economical soft soap**

Canola Oil	10	ounces
Corn Oil	10	ounces
Safflower Oil	4	ounces
sodium hydroxide	3.1	ounces
Water	7.3	ounces

**Special Oil to add
after soap is cooked**

Avocado Oil	2	teaspoons
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Recipe #93 **medium bubbles**

Beeswax	1	ounce
Soybean Oil	23	ounces
sodium hydroxide	3.2	ounces
Water	7.4	ounces

**Special Oil to add
after soap is cooked**

Almond Oil	2	teaspoons
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Recipe #94 **creamy soap**

Grape Seed Oil	5	ounces
Olive Oil	10	ounces
Soybean Oil	9	ounces
sodium hydroxide	3.2	ounces
Water	7.4	ounces

**Special Oil to add
after soap is cooked**

Shea Nut Butter	2	teaspoons
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Recipe #95 **very soft and soothing**

Olive Oil	20	ounces
Peanut Oil	4	ounces
sodium hydroxide	3.2	ounces
Water	7.5	ounces

**Special Oil to add
after soap is cooked**

Rose Hip Oil	2	teaspoons
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Recipe #96 **This is also known as Castil Soap and is very mild**

Olive Oil	24	ounces
sodium hydroxide	3.2	ounces
Water	7.5	ounces

Recipe #97 **economical soft soap**

Canola Oil	12	ounces
Cocoa Butter	1	ounce
Sunflower Seed Oil	11	ounces
sodium hydroxide	3.1	ounces
Water	7.2	ounces

**Special Oil to add
after soap is cooked**

Avocado Oil	2	teaspoons
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Recipe #98 **light and frothy**

Cocoa Butter	1	ounce
Safflower Oil	23	ounces
sodium hydroxide	3.3	ounces
Water	7.6	ounces

**Special Oil to add
after soap is cooked**

Almond Oil	2	teaspoons
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Recipe #99 **Really light on the bubbles. Very creamy**

Soybean Oil	24	ounces
sodium hydroxide	3.2	ounces
Water	7.6	ounces

Recipe #100 **very mild soothing soap**

Apricot Kernel Oil	2	ounces
Cocoa Butter	1	ounce
Olive Oil	21	ounces
sodium hydroxide	3.2	ounces
water	7.5	ounces

**Special Oil to add
after soap is cooked**

Evening Primrose Oil	2	teaspoons
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Recipe #101 **Vegan Milk Soap – soothing**

Coconut Oil	12	ounce
Soy Bean Oil	12	ounces
sodium hydroxide	3.9	ounces
Coconut Milk	398	ml

Special Oil to add after soap is cooked

Avocado Oil	2	teaspoons
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This soap is very different from the process of making the above soap. You will first need to partially freeze the coconut milk. Just until slushie.

The coconut milk will be used instead of the water in usual recipes. Therefore, you need to make sure it is cold enough because the sugars in the milk will scorch since the temperature will raise to over 160 degrees once you add the sodium hydroxide. You will end up with a brown, unappealing soap.

Follow the “Hot Soap Making –The Complete Guide” to make the soap, with the exception of the following information:

- The soap will not come to trace, you need to mix it for 5 minutes, mix it well. Put it in your soap pot that is set in the hot water. After 10 minutes of cooking it, remove the pot and mix it again with the stick blender. The soap will have separated. Mix it until it is once again blended.
- Put the soap back in the water pot and cook it for another 10 minutes. Take it off the stove and mix it again. It will once again be separated. Mix it until it is once again blended. Put it back in the water and cook it for another 10 minutes.
- Repeat this process a few times until you check on the soap and it is no longer separated. Cook it for another 10 minutes at this point. It is now ready to scent and color and mold. Continue as usual according to the “Hot Process Soap Making- The Complete Guide”.

Ingredients and Their Benefits

Almond Oil:

Good for dry, sensitive skin and can help relieve redness, itchiness and swelling.

Apricot Kernel Oil:

High in vitamins and minerals. Very light and absorbent. Softens skin.

Avocado Oil:

High levels of vitamins A, D, and E, and amino acids. Moisturizes and softens skin, increases elasticity without leaving a greasy after-feel.

Beeswax:

Adds Texture and creates a harder soap.

Camellia Seed Oil:

Suitable for all skin types including sensitive and allergy-prone skin.

Canola Oil:

Softens and soothes skin.

Cocoa Butter:

Fat pressed from cocoa beans. Lays a protective layer on top of skin which holds in moisture while softening and lubricating skin.

Coconut Oil:

Rich lather. Big soft bubbles. One of the dominant oils in modern soap making, it is found in most quality soaps.

Corn Oil:

Soothes and softens skin. Rich in linoleic Acid.

Evening Primrose Oil:

Anti-aging properties, Hydrates very dry skin, Helps repair skin at the cellular level. Reduces redness.

Flax Seed Oil:

Great for aging skin and sun damaged skin.

Grape Seed Oil:

Repairs skin and moisturizes.

Hazelnut Oil:

Good for acne prone skin. Contains 2 fatty acids.

Hemp Seed Oil:

Well recognized for its ability to cleanse & nourish the skin, Rich in Essential Fatty Acids.

Jojoba Oil:

Jojoba oil contains a collagen like protein making it ideal for skin care.

Kukui Nut Oil:

Good for dry skin, eczema and psoriasis. It is moisturizing, soothing and healing to the skin.

Macadamia Nut Oil:

Good for aging skin. Moisturizing.

Mango Butter:

A premium skin care butter, Mango Butter has emollient properties, wound healing and regenerative activity. Good protection effect against UV Rays.

Olive Oil:

Makes tight soft bubbles. Very good for sensitive skin.

Peanut Oil:

Very moisturizing.

Powdered Goats Milk:

Moisturizing and soothing.

Pumpkin Seed Oil:

Nourishing. Fights fine lines and wrinkles.

Rice Bran Oil:

Skin softening and great for itchy skin.

Rose Hip Oil:

Renowned for its skin care properties. Extremely rich in Vitamin C. Great for dry or ageing skin.

Safflower Oil:

Good for dry skin and acne.

Sesame Seed Oil:

Rich in antioxidants and pulls toxins from your skin.

Shea Nut Butter:

Dry skin and anti aging. A premium skin moisturizing agent.

Sodium Hydroxide:

This ingredient is necessary for making real soap. When Sodium Hydroxide is not used in soap making, you are actually making detergent.

Danger: Harmful or fatal if swallowed.

Avoid contact with skin.

Wear protective gloves and eye protection.

Keep out of reach of children!!!!

Sodium Hydroxide turns water and oil into soap.

Soybean Oil:

Rich in tocopherols (Vitamin E), soft tight bubbles.

Sunflower Seed Oil:

Rich in Vitamins A and E and in lecithin.

Walnut Oil:

Skin softening and smoothing.

Water:

Water is used in soap making as a vehicle for the sodium hydroxide. It must be as pure as possible so it does not interfere with the chemical reaction.

Either distilled water or filtered rain water works well.

Wheat Germ Oil:

Rich in Vitamin E and great for aging skin.